Journal of Ethnopharmacology and Toxicology

A CORROLL A

Review Article

An overview of *Angelica* species market potential in herbal and medicinal industry

Palak Thakur, Ashun Chaudhary*

Department of Plant Sciences, School of Life Sciences, Central University of Himachal Pradesh, Himachal Pradesh 176206, India.

*Correspondence Ashun Chaudhary ashun.chaudhary@gmail.com

Volume: 2, Issue: 1, Pages: 19-26

DOI: https://doi.org/10.37446/jet/ra/2.1.2024.19-26

Received: 13 January 2024 / Accepted: 12 May 2024 / Published: 30 June 2024

Medicinal and aromatic plants are now gaining popularity with growing demand for natural products in the herbal, cosmetic, pharmaceutical and health care industries. The genus *Angelica* is reputed for its medicinal and aromatic species, which have been used in folklore remedies for treating various ailments. *A. glauca* is an important member of the Apiaceae family. It is found in the western Himalayas and is popular as a spice or flavoured agent. People of many indigenous communities and local people have been using this plant for edible purposes and the cure of a variety of ailments such as indigestion, constipation, vomiting, cold, fever, headaches, low appetite, postpartum fatigue, etc. Many phytochemicals are present in *A. glauca*, which shows different pharmacological activities. The roots of this herb are important commercially because of their rich essential oil content and medicinal properties. Indigenous people use these plants traditionally to prepare different decoctions and oils to treat various ailments. Some of their products can nowadays also be found in the markets. Accordingly, the major purpose of this study is to investigate the commercial market products of *Angelica* species and their therapeutic effects.

Keywords: Angelica, traditional uses, market products, spice, essential oil

Introduction

Spices come from dried parts of plants, like seeds, fruits, roots, bark, or flowers, and are used in different ways to add flavour, colour, or even to boost appetite (Sachan et al., 2018). For ages, they've been valued not only for making food taste better but also for their health benefits. According to "World Health Organization" about 80% people depends on medicinal plants for their traditional medicinal uses (Chaudhary et al., 2023; Thakur et al., 2023). These medicinal properties come from bioactive compounds in them, including terpenes, flavonoids, anthocyanins, and phenylpropanoids (Elizabeth et al., 2017; Shahidi and Hossain, 2018; Khanal et al., 2021). The Himalayan regions are rich in medicinal and aromatic plants (MAP) and various indigenous communities use these plants as medicine or a food source. The genus Angelica includes various plant species distributed across Asia, Europe, and North American region (Batiha et al., 2022; Kumar et al., 2022). For centuries, many plants of this genus, such as A. archangelica, A. sinensis, A. dahurica, A. glauca, A. japonica, A. gigas, A. atropupurea, and many more have traditionally been utilised to treat many diseases (Sarker & Nahar, 2004). A. glauca is important Himalayan herb that is used for the treatment of various diseases and is also used as a spice. It is found in the North-Western Himalayan region at an altitude of 2,000 to 4,000 meters (Purohit et al., 2015; Butola & Vashistha, 2010). Numerous studies have proved its antioxidant and antibacterial activities by using various assays and also have shown anticancer activity against breast and stomach cancer (Devi et al., 2018; Nengroo & Rauf, 2021; Stanković et al., 2020; Qasim & Abid, 2023). A. glauca also showed neuroprotective effects (Puri et al., 2014) and broncho-relaxant activity against albino mice (Sharma et al., 2017) (Figure 1). The roots of A. glauca are used to enhance the flavour of food (dal or curry) in the Kumaon, Garhwal region of Uttarakhand and also in various other parts of India. During winters, the native people of Uttarakhand use the roots to make horse gram (Kulthi beans) recipes (Joshi, 2016). The root is utilized to make a variety of decoctions that are used to cure a range of conditions such as respiratory disorders,

rheumatism, stomach related issues, and urinary infections (Muhammad et al., 2011; Sowndhararajan et al., 2017). The essential oil of this plant has a strong aromatic smell that makes it useful for commercial purposes, such as fixing perfume, making gin and liqueurs from the root component (Butola & Vashistha, 2013). The paste from the leaves used to treat skin allergy (Arya et al., 2021). In several areas of Himachal Pradesh, the root is used in combination with other plant species to make herbal tea, which is effective in treating cough, cold, headache, and many stomach issues (Butola et al., 2016). Many indigenous communities used their roots as insect and snake repellent (Butola & Vashistha, 2013; Kumar et al., 2022). The *Angelica* genus contains highly demanded plant species with commercial traders in both national and international market because of their therapeutic and fragrant qualities. For financial purposes, the local people are also marketing these herbs and are getting more expensive in the herbal and pharmaceutical markets. So in this study, we have examined the different market products of *Angelica* species.

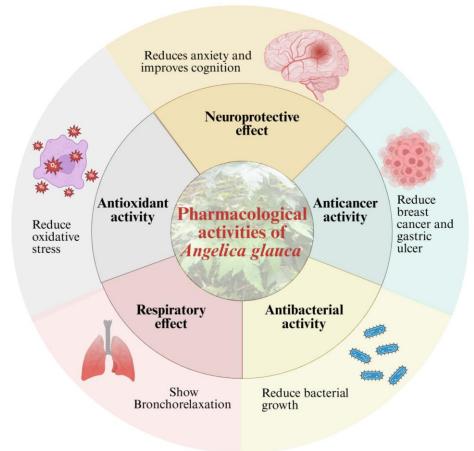


Figure 1. Various pharmacological activities of A. glauca (Created in BioRender. https://BioRender.com/vadno80)

A survey was conducted on online market platform to explore different products linked with the *Angelica* species. Data was collected from various online shopping sites such as "Amazon, Flipkart, IndiaMART, Desertcart, Healthmug, and JioMart". The following keywords were used in the search: "*Angelica*", "*Angelica glauca*", and "Market Product". All extracted products were then systematically screened for their authenticity, quality, and complete information, and then organized based on specific item types such as name, plant part used, plant species name, and manufacturer/brand name.

After the analysis, 75 commercially available products based on *Angelica* species were found on various websites in various forms, including dried roots, powdered roots or leaves, essential oils, and capsules (Table 1). Some products of *A. glauca* were also identified; the most widely accessible product form was root powder. This observation was consistent with the traditional use of its roots as a spice. The commercial products of *A. glauca* are primarily sold under several brands, including Kedar Valley Organic Farming, Sai Herbs, K.R. Impex Enterprises, Indian Jadi Booti, and Terravita.

The study showed that root-based products were most frequently used and widely used for various ailments. They are used to treat gastrointestinal disorders, menstrual cramps, premenstrual syndrome (PMS), and menopausal issues. Additionally, many products are used to boost immunity. The *A. glauca* is most commonly used as a spice ingredient and also used to treat headache, sore throat, fever, constipation, digestion and many more (Figure 2). The essential oils are widely used in aromatherapy. Due to high aromatic properties, they are used in perfumes and massage to relax body and

mind. In addition, these oils are also used to treat skin-related diseases and are occasionally mixed with other oils for applications to reduce inflammation, promote hair growth, and used as room diffusers for relaxation and stress relief.

This investigation found that the demand for *Angelica*-based commercial products has increased significantly in recent years, as many new products have been introduced to the market. This increasing demand has led to threatened status of this plant. Attention should therefore be paid to the sustainable use of these species so that their natural populations do not decline with increasing demand. Furthermore, it can be challenging for customers to identify which plant they are using because some commercial items do not mention a specific species name on their labels. Adulteration has also been observed; for example, if we search for "chora" products, products made from *A. archangelica* will appear, even though "chora" is the common name for *A. glauca*. It is therefore important to improve the labeling accuracy and address adulteration issues in the market.

Compared to other *Angelica* species, *A. glauca* has been less commercialized, possibly due to its lack of proper investigation. Therefore, more attention should be paid to promoting the production of its products, as this plant has important medicinal properties. Currently, most of the available products of *A. glauca* are root-based; however, there is a possibility of developing products using other parts of the plant as well. Moreover, *A. glauca* essential oil-based products are very few in the market. Therefore, extracting and commercializing its essential oils can open new avenues for its use in various industries.



Figure 2. Various traditional uses of A. glauca (Created in BioRender. https://BioRender.com/8ikp5uh)

Table 1. Commercially available products derived from Angelica species in the market

Sr. No.	Product Name	Plant Part Used	Plant Name	Brand/ Manufacturer
1.	Angelica glauca Herbs (Gandrayan)	Roots	A. glauca	Kedar Valley Organic Farming
2.	Value Life Angelica Root	Roots	A. archangelica	Value Life
3.	Angelica Root Spray	Roots	A. archangelica	St. Severin Natural Product/ Gall- Pharma
4.	Angelica Roots (Powder)	Roots	A. archangelica	IndianJadiBooti
5.	Angelica (Roots)	Roots	A. archangelica	Nature Yard
6.	Angelica Root C/S	Roots	A. archangelica	Herb To Body
7.	Xetomos Chora Essential Oil	1	A. glauca	Xetomos/ Raziel Craft

8.	Angelica Essential Oil	_	A. archangelica	R.K's aroma
9.	Angelica Essential Oil,	_	A. archangelica	Salvia Cosmeceuticals Private
	100% Pure & Natural			Limited
10.	Angelica Root Oil	Roots	Angelica	Allin Exporters
11.	Angelica Root Oil	Roots	A. archangelica	Meena Perfumery
12.	Angelica Oil	-	Angelica	B-Urban
13.	Angelica Root Absolute Essential Oil	-	A. archangelica	Silky Scents
14.	100% Pure Angelica Essential Oil	-	A. archangelica	Ks Essentials (Kanth Saanvi Essentials)
15.	Angelica Dried Root	Roots	A. archangelica	Biokoma
16.	100% Pure Angelica dahurica Powder	Roots	A. dahurica	Plant Gift
17.	Angelica Leaves Powder	Leaves	Angelica	SAI HERBS
18.	Angelica USDA Organic 120 Capsules	Roots	A. archangelica	HerbEra
19.	SAI HERBS Gandrayan Herbal Powder	Roots	A. glauca	K.R. IMPEX ENTERPRISES
20.	Brown Angelica glauca (Gandrayan Herbs)	Roots	A. glauca	Kedar Valley Organic Farming
21.	Brown Dried Angelica Root	-	A. glauca	Indian Jadi Booti
22.	AKARZ Angelica Essential Oil is a natural and organic oil	Roots	Angelica	AKARZ, origin in Canada
23.	Angelica Root Powder	Roots	A. glauca	Terravita
24.	Wheezal <i>Angelica atropurpurea</i> Dilution	-	A. atropurpurea	Wheezal Homoeo Pharma
25.	Angelica archangelica Dilution 200 CH	-	A. archangelica	Dr Willmar Schwabe India Pvt Ltd
26.	Angelica Archang Mother Tincture	-	A. archangelica	Dr Reckeweg & Co
27.	Angelica Root Cut and Sifted	-	Angelica	Holistic Herbal Solutions
28.	SBL Angelica archangelica Mother Tincture	-	A. archangelica	SBL Pvt Ltd
29.	Organic Angelica Root Oil	Roots, rhizome and seeds	A. archangelica	SNN Natural Products
30.	100% Pure Natural <i>Angelica</i> Root Oil	Roots	A. Archangelica	Kanta
31.	Angelica Roots Oil	Rhizome	A. archangelica	Katyani Exports
32.	Angelica Oil	Roots	A. archangelica	Maruti Natural Fragrances
33.	Angelica root oil	Roots	A. archangelica	Rare Essential Oils Pvt. Ltd.
34.	100% Angelica Root Essential Oil	Roots	A. archangelica	Aromaaz International Pvt. Ltd.
35.	Angelica Root Essential Oil	Roots	Angelica	Naturoil Aromatics Pvt. Ltd.
36.	99% Angelica Root Oil	Roots	A. archangelica	Sivaroma Naturals Pvt. Ltd
37.	100% Liquid Angelica Root Essential Oil	Roots	A. archangelica	Aarnav Global Exports

38.	100% Pure Angelica	Roots	Angelica	Sri Venkatesh Aromas
36.	Root Oil	Roots	Angelica	SII Velikatesii Aloillas
39.	Liquid 98% <i>Angelica</i> Oil	Roots	Angelica	Vaibhav Perfumery
40.	Angelica Root Powder	Roots	Angelica	Ambe NS Agro Product Pvt. Ltd.
41.	100% Pure <i>Angelica</i> Root Essential Oil	Roots	A. archangelica	Natures Natural India Oils Pvt. Ltd.
42.	99% Pure <i>Angelica</i> Root Essential Oil	Roots	A. archangelica	Himveda Organic
43.	Pure Angelica Hydrosols	-	Angelica	Kanha Nature Oils
44.	100% Pure Angelica Oil	Roots	A. Archangelica	Bodhana Export Private Limited
45.	Angelica Seed Essential Oil	Seeds	A. archangelica	Expo Essential Oils
46.	Angelica Flavour Oil	Roots	Angelica	Saanvi Perfumers
47.	Angelica Oil	Leaves, and roots	Angelica	Parksmith/Orwind Mart LLP
48.	Pale Yellow Angelica Root Oil	Roots	A. archangelica	Liable Essential Oil Products Private Limited
49.	Angelica Essential Oil	Leaves	A. archangelica	Archie Enterprise
50.	Liquid Pale Yellow Pure Angelica Root Oil	Roots	A. archangelica	Falcon
51.	Angelica Extract	-	Angelica	Farmoganic Health And Beauty
52.	99.9% <i>Angelica</i> Root Oil	Roots	A. archangelica	Expo Organics
53.	Angelica Root Essential Oil	Roots	Angelica	Chem International
54.	Pure Angelica Root Oil	-	Angelica	Allin Exporters
55.	Angelica Essential Oil	-	Angelica	Kazima Aromatics
56.	Pure & Natural Essential oil Angelica Root Oil	Roots	A. archangelica	Amarnath Exports
57.	Angelica Root Oil	Roots	A. archangelica	Emm Exporter/Emedsmart Pharmacy
58.	100% Pure <i>Angelica</i> Root Oil	Leaves	Angelica	Flora Essence
59.	Angelica Seed Oil	Seeds	A. archangelica	Grasse International
60.	100 % Pure & Natural <i>Angelica</i> Root Oil	Roots	A. archangelica	Shri Ji Aroma
61.	Angelica oil	-	Angelica	Triveni Chemicals
62.	Liquid 100 % Natural <i>Angelica</i> Root Oil	Roots	Angelica	Surajbala Exports Pvt. Ltd.
63.	Angelica Root Essential Oil	Roots	Angelica	Natcon Biolifesciences Pvt. Ltd.
64.	Angelica Oil	-	A. archangelica	Salvia Cosmeceuticals Pvt. Ltd.
65.	Angelica Flower Oil	Flower	A. archangelica	Vaible Herbal
66.	Dong Quai Tablets	-	A. sinensis	VitaMinute
67.	Green Dong Quai Powder	-	A. sinensis	Natural Hub
68.	Angelica sinensis Extract Powder	-	A. sinensis	Yucca Enterprises
69.	Brown Dong Quai	-	A. sinensis	Green Heaven
70.	Brown Dong Quani Angelica sinensis	Roots	A. sinensis	Jiya Nutraherbs
71.	Angelica P.E Powder	Roots	A. sinensis	SV Agrofood

72.	Organic Zing Angelica	Roots	A. archangelica	Organic Zing
	Oil			
73.	Herbaveda- Angelica	Roots	Angelica	Herbaveda Overseas
	root			
74.	Dong Quai Root Powder	Roots	A. sinensis	Mystique Hills
75.	Dong Quai Herbal Tea	Loose	A. sinensis	Sai Herbs/KR Impex Enterprises
		leaves		

Conclusion

Angelica genus contains many important aromatic and medicinal plants that have been traditionally used to treat various ailments. A. glauca is one such plant which is found in the North-Western Himalayas and is commonly used as a spice or flavouring ingredient among the local people. This plant species contains essential oil, which contains several bioactive compounds that can be used in various pharmaceutical and perfume industries. A. glauca has been traditionally used but has been relatively under-explored due to lack of scientific investigation and the predominance of less valuable market products. Hence, future research is needed to explore its untapped therapeutic potential, which will pave the way for future drug development.

Acknowledgements

The authors are grateful to the Central University of Himachal Pradesh, India for providing facilities and encouragement for the research. This research received no specific grant from any funding agency.

Author contributions

Conceptualization and writing of the original draft: Palak Thakur; Supervision, and writing – review and editing: Ashun Chaudhary. All authors have read and approved the final version of the manuscript.

Funding

No funding.

Conflict of interest

The author declares no conflict of interest. The manuscript has not been submitted for publication in other journal.

Ethics approval

Not applicable.

Consent to Participate

NA.

Consent to Publish

NA.

References

Arya, P., Mehta, J. P., & Maurya, V. K. (2021). Methanolic extract of *Angelica glauca* Edgew root and stem: A possible component of herbal medicines against respiratory infections. *Journal of Pharmaceutical Education and Research*, 55(2), S552-S62.

- Batiha, G. E. S., Shaheen, H. M., Elhawary, E. A., Mostafa, N. M., Eldahshan, O. A., & Sabatier, J. M. (2022). Phytochemical constituents, folk medicinal uses, and biological activities of genus *Angelica*: A review. *Molecules*, 28(1), 267.
- Butola, J. S., & Vashistha, R. K. (2013). An overview on conservation and utilization of *Angelica glauca Edgew*. in three Himalayan states of India. *Medicinal Plants-International Journal of Phytomedicines and Related Industries*, 5(3), 171-178.
- Butola, J. S., Vashistha, R. K., Malik, A. R., & Rawat, M. S. (2016). Ethnomedicinal importance of Gandrayan (*Angelica glauca* Edgew.) in the North-Western part of Indian Himalayan Region. *Medicinal Plants-International Journal of Phytomedicines and Related Industries*, 8(4), 313-318.
- Butola, J. S., Vashistha, R. K., Samant, S. S., & Malik, A. R. (2010). Technology for propagation and cultivation of *Angelica glauca* Edgew.: a threatened high value Himalayan medicinal cum edible herb. *Medicinal Plants-International Journal of Phytomedicines and Related Industries*, 2(1), 67-72.
- Chaudhary, A., Kumari, R., Manisha, & Thakur, P. (2023). A review on mitigation of various ailments via a bioactive component of *Tribulus terrestris* L.-A medicinally important herb. *Ethnobotany Research and Applications*, 25, 1-17.
- Devi, K., Samant, S.S., Puri, S., Kundra, R., Kumari, P., 2018. Investigation of antioxidant and radical scavenging potential of *Angelica glauca* Edgew. and *Aralia cachemirica* Decne: A high value medicinal plants from Kanawar wildlife sanctuary in Himachal Pradesh of north western Himalayas. Medicinal *Plants-International Journal of Phytomedicines and Related Industries*, 10, 312-319.
- Jessica Elizabeth, D. L. T., Gassara, F., Kouassi, A. P., Brar, S. K., & Belkacemi, K. (2017). Spice use in food: Properties and benefits. *Critical reviews in food science and nutrition*, *57*(6), 1078-1088.
- Joshi, Kumar, R. (2016). *Angelica* (*A. glauca* and *A. archangelica*) oils. In Victor R. Preedy (Ed.), Essential oils in food preservation, flavor and safety (pp. 203–208). Academic Press.
- Khanal, A., Devkota, H. P., Kaundinnyayana, S., Gyawali, P., Ananda, R., & Adhikari, R. (2021). Culinary herbs and spices in Nepal: A review of their traditional uses, chemical constituents, and pharmacological activities. *Ethnobotany Research and Applications*, 21, 1-18.
- Kumar, P., Rana, V., & Singh, A. N. (2022). *Angelica glauca* Edgew. –a comprehensive review. *Journal of Applied Research on Medicinal and Aromatic Plants*, 31, 100397.
- Muhammad Irshad, M. I., Habib-ur-Rehman, H. U. R., Muhammad Shahid, M. S., Shahid Aziz, S. A., & Tahsin Ghous, T. G. (2011). Antioxidant, antimicrobial and phytotoxic activities of essential oil of *Angelica glauca*. *Asian Journal of Chemistry*, 23 (5), 1947-1951.
- Nengroo, Z., Rauf, A., 2021. Fatty acid composition and antioxidant activity of *Angelica glauca* and *Chenopodium album* seed extracts from Kashmir. *Grasas y Aceites* 72, e393-e393.
- Puri, A., Srivastava, P., Pandey, P., Yadav, R.S., Bhatt, P.C., 2014. Scopolamine induced behavioral and biochemical modifications and protective effect of *Celastrus paniculatous* and *Angelica glauca* in rats. *International Journal of Nutrition, Pharmacology, Neurological Diseases*, 4, 158-169.
- Purohit, V. K., Andola, H. C., Haider, S. Z., Tiwari, D., Bahuguna, Y. M., Gairola, K. C., & Arunachalam, K. (2015). Essential oil constituents of *Angelica glauca* Edgew. roots: An endangered species from Uttarakhand Himalaya (India). *National Academy Science Letters*, *38*, 445-447.
- Qasim, Z.S., Abid, K.Y., 2023. The antibacterial activity of *Angelica glauca* in form of silver nanoparticles. *Iraqi Journal of Pharmaceutical Sciences*, 32, 149-155.
- Sachan, A. K., Kumar, S., Kumari, K., & Singh, D. (2018). Medicinal uses of spices used in our traditional culture: Worldwide. *Journal of Medicinal Plants Studies*, 6(3), 116-122.

Sarker, S. D., & Nahar, L. (2004). Natural medicine: the genus *Angelica*. *Current medicinal chemistry*, 11(11), 1479-1500.

Shahidi, F., & Hossain, A. (2018). Bioactives in spices, and spice oleoresins: Phytochemicals and their beneficial effects in food preservation and health promotion. *Journal of Food Bioactives*, 3, 8-75.

Sharma, S., Rasal, V.P., Patil, P.A., Joshi, R.K., 2017. Effect of *Angelica glauca* essential oil on allergic airway changes induced by histamine and ovalbumin in experimental animals. *Indian journal of pharmacology*, 49, 55-59.

Sowndhararajan, K., Deepa, P., Kim, M., Park, S. J., & Kim, S. (2017). A review of the composition of the essential oils and biological activities of *Angelica* species. *Scientia pharmaceutica*, 85(3), 33.

Stanković, N., Mihajilov-Krstev, T., Zlatković, B., Stankov-Jovanović, V., Kocić, B., Čomić, L., 2020. Antibacterial and antioxidant activity of wild-growing *Angelica* species (Apiaceae) from Balkan Peninsula against human pathogenic bacteria: 'in honor of famous natural historian Dr Josif Pančić (1814-1888)'. *Journal of Essential Oil Research*, 32, 464-473.

Thakur, P., Kumar, R., Choudhary, N., Sharma, R., & Chaudhary, A. (2023). Network pharmacology on mechanistic role of *Thymus linearis* Benth. against gastrointestinal and neurological diseases. *Phytomedicine*, 121, 155098.